

## THE COACHING STAFF

#### Luke Appel

11 Years coaching experience, just moved to Tauranga from Wellington. Born in New Zealand and raised in America. He has coached semi-professional and representative teams in Australia, as well as New Zealand High School Basketball and a USA basketball Academy. Has lived in Australasia for 9 of the past 10 years despite his strong American accent.

### Rachel Gwerder – Director of Development

22 years' experience as a coach, have been in full time employment in player development for past 20 years working in 5 year increments at following associations, North Harbour, Waikato, Otago and Tauranga. Was employed by Basketball New Zealand as the South Island Coach and Player Development Officer. Mentor Coach on BBNZ Koru Tour for 10 years. Coached for many years within National Programme from NZ U16's through to the Tall Fern's, have retired from National honors until daughter's progress through the BBNZ programme. For more information please contact:

Rachel Gwerder Director of Development Tauranga City Basketball

Work: 07 578 0405 Home: 07 5447169 - I often work from home office, please feel free to ring between 10.00am & 2.30pm weekdays. Mobile: 021 874 490 Email: <u>development@taurangacitybasketball.co.nz</u>

If paying by internet banking, please make your deposit to the following account:

Name of Account: Tauranga City Basketball Account: ANZ 010422 0073883 02

Please include your child's name and the word '**Navigators**' in the reference.

Players will need to bring the following:

- \* Drink bottle
- \* Comfortable sports clothes to train in
- \* Sports shoes (sneakers)
- \* Warm clothes to wear after training



# **Development Programme**



Term 4 – 2016

The programme consists of weekly coaching sessions, where basic fundamentals are introduced in an age-relevant manner within FUN activities and drills. Players need no experience to attend.

These squads do not play in a weekly competition – we encourage all participants to play for their own school teams.

The Junior Development Programme is designed to supplement/compliment the Tauranga City Basketball Representative programme and school basketball programmes.



# NAVIGATORS INFORMATION

SQUAD: Under 9 Mixed YEAR OF BIRTH: 2008 & 09 & 10 DAY: Friday VENUE: QEYC TIME: 4.00pm-5.00pm DATES: October 28 November 4, 11, 18, 25 December 9 COST: \$30.00

SQUAD: Under 11 Mixed YEAR OF BIRTH: 2006 & 07 DAY: Thursday VENUE: QEYC – Memorial Hall TIME: 4.00pm-5.30pm DATES: October 27 November 3, 10, 17, 24 December 1, 8, 15 COST: \$50.00

SQUAD: Under 13 Boys & Girls YEAR OF BIRTH: 2004 & 2005 DAY: Tuesday VENUE: QEYC – Memorial Hall TIME: 5:30pm-7pm DATES: October 25 November 1, 8, 15, 22, 29 December 6,13 COST: \$50.00

SQUAD: Under 15 Boys & Girls YEAR OF BIRTH: 2002 & 2003 DAY: Tuesday VENUE: QEYC – Memorial Hall TIME: 4.00pm-5:30pm DATES: October 25 November 1, 8, 15, 22, 29 December 6,13 COST: \$50.00

# NAVIGATORS INFORMATION CONTINUED .....

SQUAD: Open Men & Women YEAR OF BIRTH: Born 2001 or earlier DAY: Sunday VENUE: Tauranga Intermediate School TIME: 4.00pm-5.30pm DATES: October 23, 30 November 6, 13, 20, 27 December 4, 11 COST: \$60.00

SQUAD: Shooters SquadELIGIBILITY: Invite onlyDAY:MondayVENUE:QEYC – Memorial HallTIME:4.00pm-5.30pmDATES:October 31November 7, 14, 21, 28Dec 5, 17

 SQUAD: Girls Squad

 YEAR OF BIRTH: 2006, 2005, 2004, 2003, 2002, 2001

 Programmes

 DAY:
 Wednesday

 VENUE:
 QEYC – Memorial Hall

 TIME:
 4.00pm-5:30pm

 DATES:
 October 26

 November 2, 9, 16, 23, 30

 December 7, 14

 COST:
 \$50.00

Players enrolled into Navigators Term 4, get first right of entry into Midnight Madness.

Please tick the programme and age-group your child is enrolling for:

# Term 4 – 2016

### NAVIGATORS PROGRAMME

 U9 Mixed born 2008 & 09 & 10
 □

 U11 Mixed, born 2006 & 07
 □

 U13 Boys & Girls, born 2004 & 05
 □

 Girl's Squad, born 2001-2006
 □

 U15 Boys & Girls, born 2002 & 03
 □

 Open, born 2001 or earlier
 □

## **REGISTRATION FORM**

□ Please tick if TCBA has your details. For new enrolment or change of details please fill in below:

NAME:
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SCHOOL:

ADDRESS:

PHONE:

PARENTS'/GUARDIANS' NAME/S

### EMAIL ADDRESS:

### MOBILE:

If your child has any medical conditions, please note here: