

REPRESENTATIVE STRUCTURE

- U15 A&B, U17, U19 & U23 Two Representative trainings per week
- U11, U13 & U15 Development One Navigators session and one Representative training per week

NAVIGATORS - THREE PURPOSES

- Player Development
- Coach Development
- Build a Coaching Fraternity

COACH DEVELOPMENT AT NAVIGATORS

- On court modelling
- Share preparation and review processes
- Share resources
- Observe, learn and deliver fundamental, technical and tactical knowledge
- Opportunity to coach alongside, learn off, and lead peers
- Receive thought provoking feedback from Coach Mentors