

# LAYERED COACHING OFFENSE



**Team  
Offenses**

**On Ball  
Screens**

**Off Ball Screens**

**Hand-offs**

**Cuts (Getting open)**

V-Cuts, I-Cuts, Lead Outs, Backdoor Cuts, Pass & Cut, Rub Cuts, Dribble Rub Weakside/Flash Cuts and Dribble Ats.

**Movements Off Ball**

Receiver Spots, Stretch the D, Headlights & Taillights, Perimeter, Strongside and Weakside Post.

**Fundamental Skill Set**

Passing, Catching, Shooting, Finishing, Dribbling, Pivoting and Footwork.

**Fitness**

Physical ability to play the game

**Coachability**

Love of the game, mental fortitude and player discipline