



Senior Women Into Shooting Hoops Walking Basketball

A SLOWER LOW IMPACT VERSION OF BASKETBALL

Mondays

QEYC - 11th Ave

9.45-11.00am

15 & 22 February

1, 8, 15, 22 & 29 March

12 & 19 April

Thursdays

Trustpower Arena

9.30 - 10.30am

11, 18 & 25 February

1, 8, 22 & 29 April

Mount Sport Centre

4, 11, 18 & 25 March

15th April

\$5 per session, Coaching available



Join us for a fun and friendly workout

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