



Tournament Packing List

Each athlete will be required to bring:
Please ensure all personal items are clearly named.

Gear

- Sleeping Bag
- Pillow
- Toiletries
- 2 x towels
- Sleep wear / Pajama's
- Sports bras / tops / bike Shorts / skins (if required) – enough for duration of event.
- Sports socks (at least 6 pair)
- Hair ties / clips (if applicable)
- Sweat towels (i.e. hand towels) x 2
- Warm clothing – enough for duration of event
- T-shirts and shorts – enough for duration of event
- Jandals / slip-on's (to wear to and from games)
- Basketball Boots

Food:

- Baking or box of muesli bars
- 4 pieces of fruit
- Grocery item stipulated

Other:

- Named tea towel
- Book/ Magazine to read or playing cards
- Any medication necessary – this to be handed to Manager prior to leaving.

All expensive items such as ipods, mobile phones and portable electronic games are to be taken at own risk. Managers will NOT be assuming responsibility for these items. It is recommended that they are left at home.