



## Development Programme

Term 3 2017

The Programme consists of weekly coaching sessions, where basic fundamentals are introduced in an age relevant manner within FUN activities and drills. Players need no experience to attend.

These squads do not play in a weekly competition – we encourage all participants to play for their own school teams.

The Junior Development Programme is designed to supplement/complement the Tauranga City Basketball Representative programme and school basketball programmes.

### Players will need to bring the following to each session:

- Drink Bottle
- Comfortable sports clothes to train in
- Sports Shoes (trainers)
- Warm clothes to wear after training

## The Coaching Staff

**Rachel Gwerder** –  
*Director of Development*



Rachel has 25 years coaching experience, and has been in full-time employment in player development for the past 21 years working at the following associations; North Harbour, Waikato, Otago and Tauranga. She was employed by Basketball New Zealand as the South Island Coach and Player Development Officer. She has been the Mentor Coach on BBNZ Koru Tours for many years, she has coached within the BBNZ National Team Framework as Head Coach of U16, U18 and Junior Talls Ferns and has been an Assistant Coach with the NZ Women's Team the Tall Fern's.

**Tony Webster**  
*Senior Development Officer*



Tony has had 30+ years as a coach. He has worked as a coach at the following levels; USA College – University of Hawaii, NBL – Auckland Stars, Harbour Heat, NZ National Age Group – U16's to Junior Tall Blacks, North Harbour Representative Programme and Secondary School Programmes at Rangitoto, Westlake and Kristin.

**Luke Appel**  
*Development Officer*



Luke has had 12 years of coaching experience. Born in New Zealand but raised in America. He has coached semi-professional and representative teams in Australia, Secondary School basketball in New Zealand as well as coaching at a UAS Basketball Academy. Despite still having a very strong American accent he has lived in Australia for 9 of the past 10 years.

**Gee Cooney**  
*Development Officer*



A proud local of Ngati-ranginui & Ngati kahungunu descent. Gee has both knowledge and passion for the game from her time as a player through Te Puna School, Otumoetai College and the representative programme. Gee attended the Koru tour as a player from 95-97 and this year has completed the circle and returned as a Coach

**Johnny Carrizosa**  
*Development Officer*



Making his way to us all the way from the United States, Johnny brings with him 15+ years of playing experience. Coached High School and AAU Level Basketball. Also is a certified Personal Trainer in strength & conditioning.



## NAVIGATORS INFORMATION

SQUAD: Under 9's  
 YEAR OF BIRTH: 2009, 2010 & 2011  
 DAY & VENUE: Thursday, ASB Stadium  
 TIME: 4.00pm – 5.00pm  
 DATES: 27 July, 3, 10, 17, 24, 31 Aug.  
 COST: \$30.00

SQUAD: Under 13s – Option 2  
 YEAR OF BIRTH: 2005 & 2006  
 DAY & VENUE: Thursday, QEYC  
 TIME: 4.00pm – 5.30pm  
 DATES: 3, 10, 17, 24, 31 Aug, 7, 21, 28 Sept.  
 COST: \$50.00

SQUAD: Under 11's – Option 1  
 YEAR OF BIRTH: 2007 & 2008  
 DAY & VENUE: Monday, Memorial Hall, QEYC  
 TIME: 4.00 – 5.00pm  
 DATES: 24, 31 July, 7, 14, 21, 28 Aug.  
 COST: \$30.00

SQUAD: Under 15's  
 YEAR OF BIRTH: 2003 & 2004  
 DAY & VENUE: Tuesday, QEYC  
 TIME: 4.00 – 5.30pm  
 DATES: 1, 8, 15, 22, 29 Aug, 5, 19, 26 Sept.  
 COST: \$50.00

SQUAD: Under 11's – Option 2  
 YEAR OF BIRTH: 2007 & 2008  
 DAY & VENUE: Thursday, ASB Stadium  
 TIME: 4.00 – 5.00pm  
 DATES: 27 July, 3, 10, 17, 24, 31 Aug  
 COST: \$30.00

SQUAD: Girl's Squad  
 YEAR OF BIRTH: 2002 - 2006  
 DAY & VENUE: Thursday, QEYC  
 TIME: 4.00pm – 5.00pm  
 DATES: 3, 10, 17, 24, 31 Aug, 7, 28 Sept.  
 COST: \$50.00

SQUAD: Under 13's – Option 1  
 YEAR OF BIRTH: 2005 & 2006  
 DAY & VENUE: Tuesday, QEYC  
 TIME: 5.30pm-7.00pm  
 Dates: 1, 8, 15, 22, 29 Aug, 5, 19, 26 Sept.  
 COST: \$50.00

SQUAD: Open  
 YEAR OF BIRTH: Born 2002 or earlier  
 DAY & VENUE: Sunday TIS  
 TIME: 4.00pm -5.30pm  
 DATES: 20, 27 Aug, 3, 10, 17, 24 Sept  
 COST: \$60.00

## ENROLMENT PROCESS

If you are Registering a new Player please follow the link below:

<http://taurangacitybasketball.co.nz/register>

**If you have previously registered a player please use your existing login and password.**

For more information please contact

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