



Miniball (Years 3 & 4) Playing Rules

- Ball:** Size 5.
- Basketball Hoop Height:** 8 ft 5"
- Game Time:** 2 x 12 minute halves. One minute at half time.
- Fouls:** Any undue physical contact is considered a foul. This usually occurs when a player reaches in to try to steal the ball from the side of or behind a player. Any player who commits a foul will have it recorded against their name on the score sheet. Any player who receives 5 fouls in a game will have to leave the game.
- Defense:** Strictly man to man (one on one). No zone defense.
- Defending the Ball:** The ball cannot be taken from a stationary player. The ball may be only taken on the dribble as long as no contact occurs. The defender can defend the shot without taking the ball out of the shooter's hands. A defender must stand with arms & body straight up and down and can jump within their own cylinder to defend the shot.
- Score sheets:** All score sheets are to be filled in **10 minutes** before the game start time. Teams must be ready to take the court as soon as the previous game has been completed.
- Team benches:** Team benches will be determined by names on score sheet. Team A sits on the left and Team B on the right side of scorebench (as if were standing behind bench looking at court).
- Scoring** 2 points for all goals scored. **No free throws.**
- Held Ball:** The ball may not be held for more than **5 seconds.**
- Jump Ball:** Used only to start the game – all other jump ball situations alternate in team possession from outside the court. (If Team A wins the jump ball at the beginning of the game the next jump ball is given to Team B etc). A directional arrow is on the bench. It is the responsibility of the referees and the score bench to change the direction of the arrow with each jump ball situation.
- Double Dribble:** A player may dribble with either hand but may not touch the ball with both hands at the same time. A player cannot dribble - catch the ball then dribble again. (see illustration below)
- Inbounding Ball:** A player throwing in the ball must be outside the court. The player may walk backwards as far as they like but may not move sideways except for one meter. Any more is progress. The ball must be passed **not** handed in.
- Progress:** Walking or running with the ball is a violation.
- Back Over Half (Back Court):** Once the ball is in the front court it may not be passed back over the centerline by the team in control.
- 3 Second Violation:** Players on offence (attacking the basket) may not stand in the keyhole for more than 3 seconds when the opposition is in possession of the ball.
- Time Outs:** No timeouts, coaching to be done during the game.
- Mixed Teams:** Teams participating in the mixed leagues are required to have **two girls** on the court at all times. One girl in team will mean playing in boys' grade.