

# Walking Basketball



A slower low impact  
version of basketball



*Cost: \$5  
per session*

Where: ASB Stadium

When: Thursday 9.30am-10.30am

Dates: 19<sup>th</sup>, 26<sup>th</sup> October

2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> & 30<sup>th</sup> November

14<sup>th</sup> December

Join us for a fun low stress workout  
For all ages and abilities



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